

Safety In Numbers From 56 To 221 Pounds My Battle With Eating Disorders A Memoir

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Safety In NumbersSafety In Numbers From 56

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Safety In Numbers: From 56 to 221 Pounds, My Battle with Eating Disorders offers a chaotic, humorous, tear jerking; suspenseful and frightfully honest first hand look into the unthinkable. Ultimately, it brings hope and the courage to never give up.

~~NEDA Awareness Week | From 56 to 221 Pounds | The Bloq~~

Safety in numbers is the hypothesis that, by being part of a large physical group or mass, an individual is less likely to be the victim of a mishap, accident, attack, or other bad event.Some related theories also argue (and can show statistically) that mass behaviour (by becoming more predictable and "known" to other people) can reduce accident risks, such as in traffic safety -- in this ...

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